

 Charlestown Dental
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# **SLEEP DENTISTRY**



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While we pride ourselves on being a friendly and welcoming practice, we do understand that dental visits can be an overwhelming experience for some people. This can unfortunately lead to the deterioration of good oral health and present many undesired complications.

Here at Newcastle Dental, we are dedicated to offering our patients the best care possible, and in the case of anxious patients we are able to offer many options to relieve this anxiety at our Charlestown Branch. These options include Oral Sedation, Intravenous Sedation and General Anaesthesia (the latter two also referred to as "Sleep Dentistry"). If you consider yourself to be a nervous or anxious patient, and are interested in any of the above options, follow this simple process to begin your journey to improved oral health.

## THE CONSULTATION

Before we proceed with any treatment, all patients must be seen at our Charlestown surgery by the dentist for an initial consultation. This visit is very simple and unobtrusive, and will take no more than 20 minutes. At this consultation, the dentist will organise with you any radiographic imagery required (at this practice we use an external imaging company to reduce cost for the patient) and discuss your options with you. This also gives you an opportunity to meet our team, to help minimise your discomfort.

When the consultation has been completed and we have received and reviewed all required imagery,

we can then proceed to make your appointment. The services we can offer are outlined below.

## **ORAL SEDATION**

This involves the administration of methoxyflurane (Penthrox) to the patient in the form of a green whistle. You may have seen these being administered by paramedics. This option is the most cost effective, as it is the mildest of the three options available.



#### **INTRAVENOUS SEDATION**

Treatment under intravenous sedation is becoming very popular in the dental field. It is a highly effective and efficient way of providing anxiety relief and managing pain during dental procedures. Intravenous sedation takes place at our Charlestown practice, under the care of one of our qualified dentists, who will perform the dental treatment, a qualified anaesthetist, who will administer the sedation, and a registered nurse, who will be there to assist you through admission and recovery, as well as our friendly assisting and reception staff who will be with you every step of

the way. This form of sedation uses a combination of sedative and pain management medications that drifts the patient off into a dreamlike state of drowsiness for the entire duration of the dental procedure.

#### **GENERAL ANAESTHETIC**

These procedures are carried out by the dentist at Lingard Private Hospital. This involves the patient being put completely to sleep by a qualified anaesthetist; however the recovery time for this type of procedure is typically longer than for the sedation. This procedure will also incur additional fees for the hospital stay and anaesthetist. Both general anaesthetic and intravenous sedation are very popular with anxious patients, as it eliminates the need for multiple visits- we can complete an entire treatment plan in one visit!

For further information, please contact us on (02)4943 6884 or visit www.newcastledental.com.au

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