



## IV Sedation Patient Information Sheet

Please find below detailed instructions and information regarding treatment under intravenous sedation.

### **BEFORE YOUR APPOINTMENT:**

#### **1. FASTING**

It is important that you have nothing to eat for 6 hours before your scheduled appointment time. This includes chewing gum, lollies and milk in your tea and coffee. You are able to have clear fluids (i.e. water, apple juice, tea/coffee without milk) within this time, but this must also cease 4 hours before your appointment. This applies to both patients who have appointments in the morning or afternoon. If you are not properly fasted, your appointment may have to be reappointed for your own safety.

#### **2. MEDICATIONS**

Please consult your treating physicians if you are taking any regular medications at your consultation appointment. It is important that you do this, as different treatments for pre-existing ailments could affect the sedation.

#### **3. CONSULTATION WITH ANAETHETIST**

You are required to be present at the practice a minimum of 30 minutes prior to your appointment time. This is so our anaesthetist can have a brief consultation with you to confirm your medical history. Things that will be required to be known about your medical history may include the following:

- Your Medical History – both past and current.
- Your Surgical History – any hospitalizations and the reasons why.
- Medications
- Allergies
- Possibility of Pregnancy

All these would have been outlined previously in the medical history form you would have completed and returned to the surgery, but it is still essential that you have this meeting. It is important to note that should we feel that there are indications to suggest the procedure be unsafe, we reserve the right to cancel the procedure without notice.

It is also worth noting the following, to ensure you are as comfortable as possible throughout your procedure:

- Wear Loose, Comfortable Clothing – Please be sure to wear comfortable, loose fitting clothing as most dental treatment under sedation is prolonged. You should wear short sleeves as this will make things easier for both yourself and the treating physicians. Please do not wear one piece outfits, as this can also cause some difficulties. Please do not worry about being cold- we will take all the precautions we can to ensure you are as comfortable as possible.
- Toilet – Although you will have fasted for several hours prior to procedure, it is still very important that you empty your bladder before the treatment begins. A full bladder during sedation can make you restless, though you will not be aware of this. It





is also impossible to stop the procedure once started, so we encourage you to visit the bathroom before your scheduled appointment time.

- **Getting Home** – Once the procedure has been completed you will be required to stay at the surgery for a set period of time so we can supervise your recovery. After this you are encouraged to head straight home. **YOU WILL NEED A RESPONSIBLE ADULT OVER THE AGE OF 18 TO ACCOMPANY YOU HOME.** Under **NO CIRCUMSTANCES** will you be able to drive yourself home, nor get behind the wheel 24 hours after your procedure.

#### **AFTER YOUR APPOINTMENT:**

When your procedure has been completed, you will recover your awareness gradually and naturally. You will be monitored during this time. When you are awake enough to walk steadily you will be permitted to go home, but we insist that the assistant and the person taking you home assist you to the car, which should be parked as close as possible to the practice (there is a parking facility behind the building that will be accessible to sedation patients). When you arrive home, you should also be assisted inside.

The reaction to this form of treatment varies depending on the patient. Some people are very sleepy, and feel like going straight to bed. This is fine, but we do recommend that you have someone monitor you as you sleep, waking you on the hour to ensure you are easily woken. Others recover very quickly and feel normal straight away. If this is the case, we ask you to remember that this is usually just a symptom of the sedation, and that you should not be misled into believing this means you do not have to take the necessary precautions. Your reflexes, judgment, coordination and balance may all be impaired. If you don't feel like sleeping, we ask that you simply relax and watch television or read a good book. **DO NOT ENGAGE IN ANY STRENUOUS ACTIVITY FOR THE REST OF THE DAY**, no matter how good you feel.

It is also crucial that you observe the following precautions 24 hours after your procedure:

- **Do not** drive a motor vehicle or operate machinery
- **Do not** drink any alcohol or take any sedatives or sleeping tablets (your normal medications are usually ok, but this will be discussed with you)
- **Do not** do any housework (i.e. cooking, cleaning, gardening)
- **Do not** go out anywhere on the day or evening of your appointment. Stay at home and rest.

Usually after 24 hours you are fully recovered and can get back to your normal activities, but please be sure to make allowances for any delay in your recovery time. Do not resume normal activities until you are fully alert and aware.

When you leave, you may be given a script for medications and are required to complete the courses. You will be consulted about this if it is the case.

Should you have any questions or concerns regarding your proposed treatment, either before or after your scheduled date, please feel free to call us at the practice. Please be aware that, although we will endeavor to be as helpful as we can, there are some enquiries that will require a response from one of the physicians and may take some time to answer. Please be patient- your concerns are important to us and we will be as quick as possible.



## IV Sedation Fees

There are three separate fees involved in sedation dentistry. Please find below the amounts due for each fee and the methods of payment.

### Dental Fees:

This fee relates to the treatment plan that was given to you by Dr. Damian Lloyd at your consultation appointment. This payment is required to be paid at Charlestown Dental Surgery a minimum of ONE WEEK PRIOR to your appointment. This account must be paid in full before the date of your procedure. Upon payment you will receive an interim receipt stating that you are in credit with the practice for the set amount. **THIS RECEIPT CANNOT BE USED TO LODGE A CLAIM THROUGH PRIVATE HEALTH FUNDS.** If you belong to a private fund, you are able to claim these fees, but due to legal regulations this cannot be done until after the procedure has been completed. On the day of treatment we will issue you with a fully itemized account stating that the account has been paid in full, and you will be able to use this receipt to claim your rebate. This also applies to patients that are covered through the Medicare EPC Scheme.

### Facility Fee:

A facility fee of \$275 is also due at the same time as your dental fees payment. This is also to be paid at Charlestown Dental Surgery. Regrettably, this fee is not claimable through Medicare nor your private health fund.

### Anesthetist Fees:

Your anaesthetist on the day will be Dr. Steve McKay. All payments for Dr. McKay are made to Charlestown Dental Surgery at the time you are completing all other IV Sedation related payments. This fee is in the amount of \$400. When payment is made you will be provided with an interim receipt, and on the day of treatment you will be issued with an itemized receipt that can be used to make your rebate claims.

Should you have any questions regarding any of these fees or payment procedures please do not hesitate to call us at Charlestown Dental Surgery on 49436884.

